

# Sustainability Toolkit for Food Companies

Module 0 - Introduction

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# Why was this toolkit developed?

- This Sustainability Toolkit was developed by TheoryMesh and Food & Beverage Manitoba
- The Sustainability Toolkit provides practical guidance for small and medium food companies to start their sustainability journey
- The Sustainability Toolkit will be continuously improved over time to include more information, resources and examples

# What will you learn?

- The Sustainability Toolkit is structured as a series of modules to provide information and tools to examine:
  - An Overview of Sustainability
  - Relevant Regulations and Policy
  - Creating a Sustainability Framework
  - Measuring and Reporting on Sustainability
- Working through the Sustainability Toolkit should give you enough content and information to start developing and executing your own plan

# A Sustainability Plan Should...

- Be actionable
- Be aligned with business priorities
- Be as comprehensive as possible
- Be a living process

# How to maximize the benefits

- Review the entire Sustainability Toolkit and work through the exercises
- Join the Sustainability Toolkit group on LinkedIn to learn from others
- Watch for TheoryMesh or Food and Beverage Manitoba activities and events to learn more
- Reach out to [toolkit@theorymesh.com](mailto:toolkit@theorymesh.com) to connect with the Toolkit team and get customized guidance for your company

# For more information

- The latest updates on the Sustainability Toolkit can be found at:
  - <http://theorymesh.com/toolkit>
- Book a session to review the Sustainability Toolkit and discuss your needs:
  - <https://calendly.com/cbunio/sustainabilitytoolkit>
- Reach out to [toolkit@theorymesh.com](mailto:toolkit@theorymesh.com) if you have any questions

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